**Academy St James PHSE Curriculum 2020 - 2021**

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| PSHCE | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
|  Reception | **Identity, Society and equality** **Being me in my World…**The world around me | **Relationships****Friendly me…**Friendshipsv | **Relationships****Celebrating Differences…**families v | **Keeping safe and managing risk****Safe me…**Strangers, roadsv | **Mental health and emotional wellbeing** **Happy me…**  | **Physical health and wellbeing****Healthy Me…**Healthy eating Medicines & Hygiene |
| Year 1 | **Drug, alcohol., tobacco education** What goes into our bodies?v | **Keeping safe and managing risk**Feeling safev | **Identity, Society and equality**Me and others | **Careers Financial and economic wellbeing**My money | **Mental health and emotional wellbeing**Feelings | **Physical health and wellbeing**Fun times |
| Year 2 | **Drug, alcohol., tobacco education** Medicines and mev | **Mental health and emotional wellbeing**Friendships | **Relationships**Boys, girls, familiesv | **Keeping safe and managing risk**Indoors and outdoorsv | **Physical health and wellbeing**What keeps me healthy? |
| Year 3 | **Drug, alcohol., tobacco education** Tobacco is a drugv | **Keeping safe and managing risk**Bullyingv | **Mental health and emotional wellbeing**Strengths and challenges | **Identity, Society and equality****Sophie’s game** Celebrating difference | **Careers Financial and economic wellbeing**Save, spend, budget | **Physical health and wellbeing**What helps me choose? |
| Year 4 |  **Drug, alcohol., tobacco education**Making choicesv |  **Identity, Society and equality**Democracy | **Keeping safe and managing risk**Playing safe | **Mental health and emotional wellbeing (y5)**Feelings | **Physical health and wellbeing**What is important to me?  |
| Year 5 | **Drug, alcohol., tobacco education**Influences v | **Identity, Society and** **equality**Stereotypes and discrimination /prejudice**Sophie’s game** |  **Keeping safe and managing risk**When things go wrongv | **Careers Financial and economic wellbeing**Borrowing and earning  | **Relationships** Healthy relationships v | **Physical health and wellbeing**In the media |
| Year 6 | **Drug, alcohol., tobacco education** Weighing up riskv |  **Mental health and emotional wellbeing**Healthy mindsv | **Relationships**vHealthy relationships  |  **Keeping safe and managing risk**Keeping safe out and aboutv | **Identity, Society and equality**Human rights**Sophie’s game** |

The red star demarcates PSHE topics and lessons that directly relate to safeguarding pupils. The flag demarcates PSHE topics and lessons that directly relate to British Values

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