



Silly Stretchy Putty

Edible Sensory Recipe

You will need:

Cornflour

Smooth yoghurt – any flavour

Bowl or tray

Method

1. Mix 1 cup of yoghurt and 1 cup of cornflour together.
2. Keep mixing until firm. Add more cornflour or yoghurt as needed.
3. Knead the dough until it is the consistency of stretchy putty.
4. Enjoy the stretchy, sticky dough! You may like to enhance the dough with a variety of non-edible additions.

*Please note that although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

*This recipe is intended to be used as soon as it has been made and not to be stored for future use. Supervise children at all times to ensure that small non-edible items do not become a choking hazard.

