



The Academy at
St James
Aspire, Achieve, Believe

The Academy at St James
Chelwood Drive
Bradford
BD15 7YD
Telephone: 01274 777095
Head of School: Mr Chris Tolson

All things PE, Outdoor Learning & Physical Activity

4/9/2020

Dear Parent/Guardian

As part of our commitment to providing an exciting, broad and ambitious PE, Outdoor learning and physical activity offer, we are incredibly proud to share just some of the opportunities your children will be able to access this year. Since school partially closed in March, we have been very busy planning an array of opportunities for pupils.



Cycling/Scooting- We now have a fleet of 13 bikes, 15 scooters along with helmets. This equipment will be used during lunch periods, whole school active enrichment and eventually after school clubs. To complement our bikes we have also developed a small cycle track that will be perfect for our EYFS and key-stage 1 pupils to enjoy.

Outdoor learning/Forest School- We have also managed to become an identified 'Nature Friendly School project' partner school. This partnership will complement our current Forest School provision, which has seen pupils develop new skills such as; fire lighting, cooking, team building and tool use. We aim to take the curriculum outside the classroom as we know that our pupils overall health and wellbeing will benefit hugely.

Whole School 'Physically Active Enrichment' Sessions will take place every Friday afternoon where each class will have one hour dedicated to physical activity. This will include activities that encourage movement such as traditional and non-traditional sports, nature walking, orienteering, dancing, running, yoga, cycling and scooting. Pupils will not be require a PE kit for this.

'Cook & Move' sessions- Pupils from across school will have the opportunity to take part in this half termly program, which will look at preparing healthy and nutritious snacks as well as trying out different ways to enjoy being physically active.

Year 6 Enrichment Mr Brownsell's and Mrs Allingham's Magnificent Monkeys & Leaping Lions will be taking part in a carousel of exciting activities every Thursday afternoon including; Forest School, cycling, running and cooking. Please remember to come to school in your PE kit every Thursday!

Please see the class PE timetable on the reverse

PE Lesson Day	Class
Monday	Y1/2HG Successful Swans & Y3/4 Blissful Badgers
Tuesday	Y3/4 Wondrous Whales/ Stupendous Squirrels & Y6 Leaping Lions & Y6 Magnificent Monkeys
Wednesday	Y5 Super Seals & Omniscient Otters
Thursday	Y1DP Swooping Starlings & Y2KP Daring Ducklings
<i>Please note; On your child's PE day they will also need to arrive at school wearing their PE kit (Black jogging bottoms, black hoody and white/light blue T-shirt)</i>	

Thank you for your ongoing support and commitment to physical activity, health and wellbeing at The Academy at St James.

Kind regards

Mr Niall O'Brien

PE, Outdoor Learning & Physical Activity Leader