**Academy St James PSHE Curriculum 2020 - 2021**

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| PSHCE | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Reception | **Identity, Society and equality**  **Being me in my World…**  The world around me | **Relationships**  **Friendly me…**  Friendships  v | **Relationships**  **Celebrating Differences…**  families    v | **Keeping safe and managing risk**  **Safe me…**  Strangers, roads  v | **Mental health and emotional wellbeing**  **Happy me…** | **Physical health and wellbeing**  **Healthy Me…**  Healthy eating  Medicines & Hygiene |
| Year 1 | **Drug, alcohol., tobacco education** What goes into our bodies?  v | **Keeping safe and managing risk**  Feeling safe  v | **Identity, Society and equality**  Me and others | **Careers Financial and economic wellbeing**  My money | **Mental health and emotional wellbeing**  Feelings | **Physical health and wellbeing**  Fun times |
| Year 2 | **Drug, alcohol., tobacco education** Medicines and me  v | **Mental health and emotional wellbeing**  Friendships | **Keeping safe and managing risk**  Indoors and outdoors  v | | **Relationships**  Boys, girls, families  v | **Physical health and wellbeing**  What keeps me healthy? |
| Year 3 | **Drug, alcohol., tobacco education**  Tobacco is a drug  v | **Mental health and emotional wellbeing**  Strengths and challenges  v | **Keeping safe and managing risk**  Bullying | **Identity, Society and equality**  **Sophie’s game** Celebrating difference | **Careers Financial and economic wellbeing**  Save, spend, budget | **Physical health and wellbeing**  What helps me choose? |
| Year 4 | **Drug, alcohol., tobacco education**  Making choices  v | **Identity, Society and equality**  Democracy | **Keeping safe and managing risk**  Playing safe | | **Mental health and emotional wellbeing (y5)**  Feelings | **Physical health and wellbeing**  What is important to me? |
| Year 5 | **Drug, alcohol., tobacco education**  Influences  v | **Identity, Society and** **equality**  Stereotypes and discrimination /prejudice  **Sophie’s game** | **Keeping safe and managing risk**  When things go wrong  v | **Careers Financial and economic wellbeing**  Borrowing and earning | **Relationships**  Healthy relationships  v | **Physical health and wellbeing**  In the media |
| Year 6 | **Drug, alcohol., tobacco education** Weighing up risk  v | **Mental health and emotional wellbeing**  Healthy minds  v | **Keeping safe and managing risk**  Keeping safe out and about  v | **Identity, Society and equality**  Human rights  **Sophie’s game** | **Relationships**  v  Healthy relationships | |

The red star demarcates PSHE topics and lessons that directly relate to safeguarding pupils. The flag demarcates PSHE topics and lessons that directly relate to British Values

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