## **Body Percussion Rainstorm**

This great body percussion activity is perfect for children of all ages and it really does sound like a rainstorm. It works best with a group of five or more people. The sounds start off very quietly and build up to a noisy storm. Then, as the storm passes, the volume goes back down from loud to quiet.

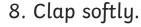


- 1. Rub hands together.
  - 2. Click fingers.
  - 3. Pat thighs softly.
  - 4. Pat thighs louder.
    - 5. Clap softly.
    - 6. Clap louder.



7. During loud clapping, make thunder sounds vocally (booms,

rumbles, etc.).



- 9. Pat thighs loudly.
- 10. Pat thighs softer.
  - 11. Click fingers.
- 12. Rub hands together.



There are no specific timings - just go with the flow of the activity. Give time for all the children to hear the changes in sounds as the storm gets louder or quieter.

It also works best when the leader moves to the next action but doesn't announce it. This allows for a smooth and slow transition to the next storm sound and sounds much more natural.

