

First Aid
Get The Right Help!



Feb 11-13:12

I.E: What would you do in this situation?
Will you be too scared to do something?
Talk to your partner and share your ideas.



Feb 11-13:25

When someone is hurt you MUST help them.
But How?



Feb 11-13:29

The help you provide to the injured person is called a first aid.
Anyone can be a first Aider.



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Casualty: A person who is injured and need help.
If you are dealing with a casualty you MUST
Stay Safe and Stay Calm

Feb 11-13:53


Role Of The First Aider

- The First Aider must keep themselves and the casualty safe.
- Treat the causality quickly and safely.
- Get help from the emergency services.
- Stay Calm and keep talking to the casualty.
- Ring 999 if it is very serious.
- It is best to do something than nothing.



Feb 11-13:40

What would you do in this situation?



Feb 11-14:00

Remember to do 4 when dealing with a casualty

Stay Calm	Keep Talking to the casualty and listen
Ring 999 if you need to	Do not leave until the help arrives

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How to do Bandage


<https://www.youtube.com/watch?v=fKzdiuseEIw>

How to treat cuts and grazes


<https://www.sja.org.uk/get-advice/first-aid-advice/unresponsive-casualty/how-to-do-the-recovery-position/>

Feb 11-14:11


Act out the followings and think of the treatment!



My elbow hurts.



I've hurt my knee.



I feel dizzy.

Feb 11-14:27

Task To Do

Get a card and act out what it shows to your partner, your partner has to guess your casualty and think of the first aid you will need.

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Feb 11-15:15