



The Academy at
St James
Aspire, Achieve, Believe

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family

The Academy at St James
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Bradford
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Headteacher: Mr Chris Tolson

Monday 1st November 2021

Re Personal, Social, Economic and Health Education (PSHE), Relationships and Sex Education (RSE)

Dear Parent / Carer,

The Academy at St James are committed to providing all pupils with a planned Personal, Social, Health and Economic Education (PSHE) programme. This enables pupils to acquire the knowledge, understanding, skills and strategies they need to develop an understanding of themselves. It also helps them to develop empathy, an ability to work with others, to form and maintain good relationships and better enjoy and manage their lives.

As part of the planned programme of study across all year groups we teach pupils about 'Me and My Relationships' which also covers aspects of Relationships and Sex Education (RSE). The aim is to ensure pupils learn about the emotional, social and physical aspects of growing up, healthy relationships and keeping themselves safe. Key aspects of this curriculum area dovetail with the statutory National Curriculum Science programmes of study.

What is the purpose of RSE?

There are four main aims for teaching RSE within the context of Primary School PSHE (Personal, Social, Health and Economic) Education:

- To enable young people to understand and respect their bodies, and be able to cope with the changes puberty brings, without fear or confusion
- To help young people develop positive and healthy relationships appropriate to their age, development, etc. (respect for self and others)
- To support young people to have positive self-esteem and body image, and to understand the influences and pressures around them
- To empower them to be safe and safeguarded

What do we teach about Sex and Relationships using our scheme?

This work is in the context of the whole PSHE curriculum and underpinned by the value system of the school, that is, valuing loving, stable relationships, respect for each other, and so on. The emphasis is on changes that children will experience as they grow up: what those changes look and feel like, and why they happen. Our aim is to, by the end of Year 6, to have helped children understand puberty and human reproduction.

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Web: <http://academystjames.com>
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These are the key ideas within the unit of work we will look at are:

- Life cycles
- How babies are made
- My changing body
- Puberty
- How babies grow
- Growing from young to old
- Becoming a teenager
- Assertiveness
- Self-respect
- Safeguarding
- Family stereotypes
- Self and body image
- Attraction
- Change
- Accepting change
- Looking ahead
- Moving/transition to secondary

This letter is to consult you about our new RSE curriculum that came into place in September 2020. We have been teaching our Y6 pupils about these key aspects of science and the SRE curriculum which research shows is really important for your child's development.

We will be holding a meeting for parents on **Thursday 11th November at 8.30am, 2.30pm or 5pm** so we can show you the resources we will be using and why this part of the curriculum is so important.

We will propose the outline of the policy – which will very much mirror what we already deliver – to the Local Governing Body in December 2021. During the Autumn term in 2021 we will then begin the consultation process and invite parents in to both discuss and contribute to the shaping of the new policy. The consultation process will be used to ensure that the school is fulfilling its statutory obligations but also taking into consideration our position as a Church of England Primary Academy and the needs of other families of different religions.

Of course, if you have any concerns about this please let your child's class teacher know and we would be more than happy to discuss these with you. We hope that you support us with this as it is vital that the children receive as much information as possible as research shows in later life they will be more confident and be able to safeguard themselves better.

Yours sincerely

Christopher Tolson

Headteacher

Relationships Education Consultation November 2021

Dear Parents/Carers

Our draft Relationships education policy and curriculum is now available from the school office or from our website.

Timeline

Monday 1 st November	Draft long term plan available for parents to view (website or a hard copy from the office). Draft policy available for parents to view (website or a hard copy from the office).
Tuesday 9 th November	Parents Evening 3.30 – 6pm Ipad will be available to survey parents and collect views on the draft policy.
Wednesday 10 th November	Parents Evening 3.30 – 6pm Ipad will be available to survey parents and collect views on the draft policy.
Thursday 11 th November	Parent information sessions on relationships education. (8.40am, 2.30pm or 5pm) Presentation notes will be added to the website.
w/c 15 th November	Parents who attended the meetings can ask for an appointment with the Principal to seek further clarification. Parents can submit written queries or concerns.
w/c 22 nd November	Frequently asked questions will be made available on the website.
Tuesday 7 th December	Governors will consider parent views and finalise the policy and PSHE scheme of work.
Thursday 16 th December	Final approved policy and PSHE scheme of work will be available on the school website or hard copies can be collected from the office.