

## Forest School Assessment Tool

This tool is used to pre and post assess pupils on their engagement levels for Forest School. The scoring system works with 5 being highly skilled in that area.

Confidence with peers	1	2	3	4	5
Confidence with leaders or significant adults	1	2	3	4	5
Eye contact and body language	1	2	3	4	5
Language used Consider: - Appropriately social - Age appropriate - Contextually appropriate - Extent of vocabulary	1	2	3	4	5

	Total	
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<b>Engagement in task</b>	<b>Participant:</b> engaged in task/activity enjoying it and is positive	<b>Prisoner:</b> disinterested in the learning, reluctant and feels like they are forced to be there.	<b>Passenger:</b> engaged in learning, will take easy option, won't actively help.	<b>Protester:</b> disinterested in learning, wants everyone to know it complains, responds negatively, disruptive and disengaged.	
	<b>General mood</b>	<b>Positive</b>	<b>Negative</b>	<b>Responsive</b>	<b>Unresponsive</b> <b>Hyperactive</b>

Emotional intelligence
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Self-awareness	Self-regulation	Self motivation	Social Skills	Empathy	
Conscious of emotions, feelings, thoughts and how these impacts on Behaviours.	Consciously and unconsciously manages own emotions and behaviour appropriate to social situation	Able to identify, set and achieve short, medium- and long-term goals	Ability to influence and respond to others using appropriate verbal and non-verbal communication	Ability to perceive and appreciate things from another's perspective and use that to make appropriate choices	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	Total: 0/25

Wellbeing					
Extremely low well-being. These young people usually look and feel 'low' and show no signs of well being	About half the time display signs of emotional discomfort. Seldom enjoy themselves, may enjoy hurting others	These young people seem quite happy. Occasionally they show signs of discomfort or leave a neutral impression with regard to well being.	These young people seem generally happy. Moments of well being clearly outnumber the moments of discomfort	Extremely high level of well being. These young people feel like 'fish in water'. They radiate vitality, relaxation and inner peace.	
1	2	3	4	5	Total 0/5
Challenge/engagement					
This young person shows nearly no involvement or activity, absent and passive, no exploration and imagination, no mental activity and can become disruptive.	Often interrupted, limited concentration, easily disrupted, limited results, and daydreams.	Busy whole time but without concentration, action superficial, is easily distracted, no challenge or deep learning level is achieved	Clear signs of engagement but not always to full extent, feels challenged most of the time and concentration is real, capabilities and imagination is mainly in tune with the activity or provision.	Continually engaged and absorbed in the activity, absolutely focussed, shows attention to detail, motivated and capable, imagination and skill are engaged. Little can distract this young person	
1	2	3	4	5	Total 0/5
				Overall total	0/55
Exceptional learning/behaviour					
Anything to note:					